

2008 NJ YMCA State Championships at Franklin & Marshall
 Friday 7th March, 2008

Warm-up Assignments – FRI AM Boys 13-18 - POOL 1

Lane	7:00 AM to 7:25 AM	7:25 AM to 7:50 AM	7:50 AM to 8:15 AM
1	YWMC/SCY/MDY/MAY	SHY	WFY
2	YWMC	MYM	RBY/MEY
3	CANE	MYM/MCY	RBY
4	CANE	SJAC	LHY/GARY
5	RY	SJAC	LHY
6	SVY	HACY/SCYD	FSPY
7	SVY	WMY/WEY/VINY	SAY/HCY
8	SVY	WY	OCY/GBCY

Warm-up Assignments – FRI AM Girls 13-18 - POOL 2

Lane	7:00 AM to 7:25 AM	7:25 AM to 7:50 AM	7:50 AM to 8:15 AM
1	FSPY	SVY	WMY
2	RBY	SVY	HACY
3	RBY	RY	SHY
4	LHY	CANE	SHY
5	LHY	CANE	SJAC
6	WFY	YWMC	MYM
7	OCY/TIDES/SCY	HCY/MAY	WY
8	SAY/MEY	MCY/VINY/GBCY	WY

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Warm-up Assignments - FRI PM Boys 11/12 10/U - POOL 1

Lane	2:10 PM to 2:35 PM	2:35 PM to 3:00 PM	3:00 PM to 3:25 PM
1	LHY	RY	WFY/MDY/SCYD
2	LHY	RY	WFY
3	SAY	WY	RBV
4	SAY	WY	WMY
5	SHY	YWMC/MAY	FSPY
6	SHY/GBCY	CANE/MCY	SJAC/HACY
7	MYM	RVYM/VINY	SVY
8	HCY/MEY	OCY/WEY	SVY

Warm-up Assignments – FRI PM Girls 11/12 10/U - POOL 2

Lane	2:10 PM to 2:35 PM	2:35 PM to 3:00 PM	3:00 PM to 3:25 PM
1	RBV/FSPY	SJAC/SCY	YWMC
2	RBV	MYM	WY
3	WMY	WFY	OCY/MAY
4	MEY/GBCY	WFY	HACY/RVYM
5	RY	SAY	MCY/WEY
6	RY	SAY	CANE/VINY//HCY
7	SVY	LHY	SHY
8	SVY	LHY	SHY